

# Reproductive Health & Young Survivors: Unique Questions to Ask Your Medical Team

This publication is intended as a guide for young survivors in communicating with their medical team. Use the back side to take notes and check off each section as you review the questions with your health professionals.

## Pregnancy & Childbearing

How will treatment affect my fertility?

- ◆ What are my fertility-preservation options?
- ◆ Do you have a fertility expert on staff or one you could recommend?
- ◆ How do fertility-preservation options impact my treatment options?
- ◆ How do treatment options impact my fertility-preservation options?

Is it possible to have children after cancer?

- ◆ What are the risks of childbearing after cancer treatment?
- ◆ What is the recommendation for how long after treatment I should wait before I try to have a baby?
- ◆ What are my risks for having miscarriages and for future children having birth defects after I undergo cancer treatment?
- ◆ Based on my type of cancer, what are my risks of recurrence if I become pregnant after treatment?

How do I talk to my young children about a cancer diagnosis and treatment?

- ◆ What resources are available for helping my family cope?

How does treatment, including surgery, affect my ability to breastfeed?

## Sexuality & Sexual Health

How does cancer treatment affect my overall sexual health?

- ◆ What sexual and sexuality side effects may result from treatment?
- ◆ What resources are available for helping me manage sexual side effects?

What treatment routes are available to ensure successful reconstruction options?

## Other Unique Considerations

What are my options for tissue banking?

What resources are available for genetic counseling?

**“IN MAKING TREATMENT DECISIONS, A YOUNG SURVIVOR BALANCES THE NEED TO TREAT A TYPICALLY MORE AGGRESSIVE OR ADVANCED CANCER WITH THE POTENTIAL FOR A LONG LIFE AHEAD”**

**-YOUNG SURVIVOR**

### Key Advice From Other YS

**1. Take time to make decisions**

**2. Put together a medical team of professionals you trust**

**3. You are not alone! Connect with other YS.**

**4. Be Proactive!**

**5. Ask questions through the entire process. With each new step comes new concerns.**

