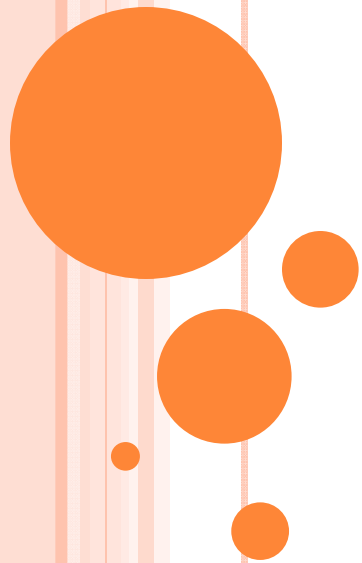


INTIMACY AFTER BREAST CANCER



Nancy Frisch
LCSW OAMFT



TOPICS

1. Changes Physical- Treatments
2. Changes Emotional-Feelings, Self Image
3. Your Partner –Before, During and After Treatment
4. Communication -Throughout Process ,Verbal and Nonverbal
5. What to do First -How to Rebuild
6. Long Term Issues



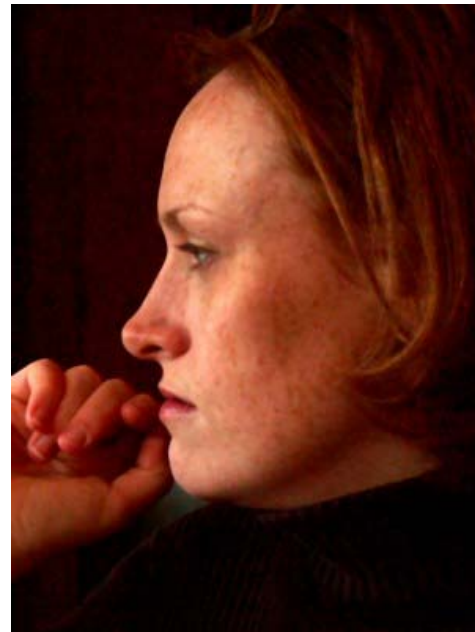
CHANGES PHYSICAL- TREATMENTS

- Pain
- Surgery
- Chemotherapy
- Radiation
- Menopause
- Erogenous Zones



CHANGES EMOTIONAL FEELINGS & SELF IMAGE

- Anxiety
- Depression – Loss
- Self Image – Changes and Coping



YOUR PARTNER -BEFORE DURING AND AFTER TREATMENT

- Your Partner's Feelings
- Your Responses to your Partner



COMMUNICATION - THROUGHOUT PROCESS VERBAL AND NONVERBAL

- What to say?
- How to say it?

© Original Artist
Reproduction rights obtainable from
www.CartoonStock.com



search ID : wda0394



WHAT TO DO FIRST? HOW TO REBUILD

- Starting
- Coping with the Physical Changes
- Setting the Mood



LONG TERM ISSUES

- Planning for the Future



READINGS

- **Breast Book** by Dr. Susan Love
- **The Breast Cancer Book** by Ruth Grobstein
- **Breast Cancer Husband: How to Help your Wife** by Marc Silver

